

HOW TO USE

		CLEANSEA Nordic Mud face cleanser	CLEANSEA Micellar water	CLEANSEA Oil-to-milk facial cleanser	CLEANSEA Skin perfecting facial peeling mask	REDRESS Rosacea & strike back cream	REDRESS Rosacea & acne care cream	REDRESS Rosacea intense care serum	REDRESS Acne intense care serum	RESISTAGE Renovation Sculptor cream	RESISTAGE Night restoration Architect cream	RESISTAGE Renovation Sculptor serum	DERMATREAT Daily face cream	YOUNGDALI Daily face cream (for young skin)
OILY SKIN	Anti – age	☀️ 🌙	☀️ or 🌙		2-3 times a week 🌙				☀️	☀️ or 🌙		🌙		
	Anti – acne	☀️ 🌙	☀️ or 🌙		2-3 times a week 🌙		☀️ or 🌙		☀️ 🌙					☀️ 🌙
	Anti – redness	☀️ 🌙	☀️ or 🌙		2-3 times a week 🌙	☀️ or 🌙		☀️ 🌙	☀️					☀️ 🌙
	Anti – rosacea (itch)	☀️ 🌙	☀️ or 🌙		2-3 times a week 🌙		☀️ or 🌙	☀️ or 🌙	☀️					☀️ 🌙
	Anti – age/acne	☀️ 🌙	☀️ or 🌙		2-3 times a week 🌙		☀️ or 🌙		☀️			🌙		
	Anti – age/redness	☀️ 🌙	☀️ 🌙		2-3 times a week 🌙	☀️ or 🌙		☀️				🌙		
Anti – age/rosacea		☀️ 🌙		2-3 times a week 🌙	☀️ or 🌙			☀️ or 🌙			🌙			
COMBINED SKIN	Anti – age		☀️ 🌙		2-3 times a week 🌙				☀️	☀️		🌙		
	Anti – acne	☀️ 🌙	☀️ 🌙	✓*	2-3 times a week 🌙		☀️ 🌙		☀️ or 🌙					☀️ 🌙
	Anti – redness		☀️ 🌙	✓*	2-3 times a week 🌙		☀️	☀️ 🌙	☀️ or 🌙		🌙			☀️ 🌙
	Anti – rosacea (itch)		☀️ 🌙	✓*	2-3 times a week 🌙		☀️ 🌙	☀️ or 🌙	☀️ or 🌙					☀️ 🌙
	Anti – age/acne	☀️ 🌙	☀️ 🌙	✓*	2-3 times a week 🌙	☀️ or 🌙	☀️ or 🌙		☀️ 🌙					
	Anti – age/redness		☀️ 🌙	✓*	2-3 times a week 🌙	☀️ or 🌙		☀️ or 🌙		☀️ or 🌙		🌙		
Anti – age/rosacea		☀️ 🌙	✓*	2-3 times a week 🌙	☀️ or 🌙	☀️ or 🌙	☀️ or 🌙 ✓**	☀️ or 🌙 ✓**	☀️ ✓**	🌙 ✓**	☀️ or 🌙 ✓**			
NORMAL SKIN	Anti – age		☀️ 🌙	✓*	2-3 times a week 🌙						🌙	☀️ or 🌙		
	Anti – acne	☀️ 🌙	☀️ 🌙	✓*	2-3 times a week 🌙		☀️ or 🌙		☀️ or 🌙	☀️				☀️ 🌙
	Anti – redness		☀️ 🌙	✓*	2-3 times a week 🌙		☀️ or 🌙	☀️ or 🌙	☀️ or 🌙		🌙			☀️ 🌙
	Anti – rosacea (itch)		☀️ 🌙	✓*	2-3 times a week 🌙		☀️ 🌙	☀️ or 🌙	☀️ or 🌙					☀️ 🌙
	Anti – age/acne	☀️ 🌙	☀️ 🌙	✓*	2-3 times a week 🌙	☀️ or 🌙	☀️ or 🌙		☀️ or 🌙			🌙		
	Anti – age/redness		☀️ 🌙	✓*	2-3 times a week 🌙	☀️ or 🌙		☀️ or 🌙			🌙	🌙		
Anti – age/rosacea		☀️ 🌙	✓*	2-3 times a week 🌙	☀️ or 🌙			☀️ or 🌙	☀️ or 🌙 ✓**	🌙 ✓**	☀️ or 🌙			
DRY SKIN	Anti – age		☀️ 🌙	☀️ 🌙	2-3 times a week 🌙					☀️ or 🌙		☀️ or 🌙	☀️ 🌙	
	Anti – acne		☀️ 🌙	☀️	2-3 times a week 🌙		☀️ or 🌙		☀️ or 🌙		🌙		☀️ 🌙	☀️ 🌙
	Anti – redness		☀️ 🌙	☀️ 🌙	2-3 times a week 🌙	☀️ or 🌙		☀️ or 🌙	☀️ or 🌙		🌙		☀️ 🌙	☀️ 🌙
	Anti – rosacea (itch)		☀️ 🌙	☀️ 🌙	2-3 times a week 🌙		☀️ or 🌙		☀️ or 🌙		🌙		☀️ 🌙	☀️ 🌙
	Anti – age/acne		☀️ 🌙	☀️	2-3 times a week 🌙				☀️ or 🌙	☀️ or 🌙	🌙		☀️ 🌙	
	Anti – age/redness		☀️ 🌙	☀️ 🌙	2-3 times a week 🌙	☀️ or 🌙 ✓**		☀️ or 🌙		☀️ or 🌙 ✓**	🌙	☀️ or 🌙 ✓**	☀️ 🌙	
	Anti – age/rosacea		☀️ 🌙	☀️ 🌙	2-3 times a week 🌙	☀️ or 🌙		☀️ or 🌙 ✓**			🌙	☀️ or 🌙 ✓**	☀️ 🌙	
Anti – dermatitis		☀️ 🌙	☀️ 🌙	2-3 times a week 🌙						🌙 ✓**	☀️ 🌙	☀️ 🌙		

☀️ – day, 🌙 – night

* appropriate to use to remove decorative cosmetics

** the use of similar products may be combined, but not more often than twice daily

Order of use – most suitable cleansers, follow up with serum and face cream, for best results we suggest to use CLEANSEA Skin perfecting facial peeling mask 2 – 3 times a week.

Recommendations based on data from 20 human test subjects, compiled according to skin type. We suggest adapting your routine to the intensity of the problem and your personal experience.