

# FACE SKIN CARE STEPS ACCORDING TO SKIN TYPE

These are recommended steps, please note that skin care depends on weather conditions, cycle, stress, etc. factors.  
Please observe your skin reaction and in case of questions, please contact us: tel.+371 28010107 or e-mail info@labrains.eu.

## PROBLEMATIC SKIN



### FACIAL CLEANSING GEL WITH SAPROPELE MUD

Every day - ☀️🌙  
Hold on face 3 min, rinse.



### SKIN PERFECTING PEELING MASK

4 x per week - 🌙  
Hold on face 10-30 min, rinse.



### MICELLAR WATER

Every day - ☀️🌙  
No need to rinse.



### RENOVATION SCULPTOR SERUM

Every day - ☀️🌙  
Wait 10-30 minutes and apply the cream.



### BB CREAM

Every day - ☀️

### ROSACEA & ACNE CARE CREAM

Every day - ☀️🌙

1. Oil - To - Milk facial cleanser
2. Nordic Mud facial cleanser
3. Micellar Water
4. Skin Perfecting facial peeling mask
5. Moisturising Shower Gel
6. Acne Intense Care serum
7. Rosacea & Acne Care cream
8. Rosacea Intense Care serum
9. Rosacea & Strike Back cream
10. Renovation Sculptor serum
11. Renovation Sculptor cream
12. Night Restoration Architect cream
13. BB Cream
14. Dermatitis cream

☀️ Morning 🏃 After sport 🌙 Night

## OILY SKIN



### FACIAL CLEANSING GEL WITH SAPROPELE MUD

Every day - ☀️🌙  
Hold on face 3 min, rinse.



### SKIN PERFECTING PEELING MASK

3 x per week - 🌙  
Hold on face 10-30 min, rinse.



### MICELLAR WATER

Every day - 🌙  
No need to rinse.



### ACNE INTENSE CARE SERUM

Every day - ☀️  
Wait 10-30 minutes and apply the cream.

### RENOVATION SCULPTOR SERUM

Every day - 🌙  
Wait 10-30 minutes and apply the cream.



### ROSACEA & ACNE CARE CREAM

Every day - 🌙



### BB CREAM

Every day - ☀️

## COMBINATION SKIN



### FACIAL CLEANSING GEL WITH SAPROPELE MUD

Every day - ☀️🌙  
Hold on face 3 min, rinse.



### SKIN PERFECTING PEELING MASK

3 x per week - 🌙  
Hold on face 10-30 min, rinse.



### MICELLAR WATER

Every day - ☀️🌙  
No need to rinse.



### ACNE INTENSE CARE SERUM

Every day - ☀️  
Wait 10-30 minutes and apply the cream.

### RENOVATION SCULPTOR SERUM

Every day - 🌙  
Wait 10-30 minutes and apply the cream.



### RENOVATION SCULPTOR CREAM

Every day - 🌙



### BB CREAM

Every day - ☀️