

FACE SKIN CARE STEPS ACCORDING TO SKIN TYPE

These are recommended steps, please note that skin care depends on weather conditions, cycle, stress, etc. factors. Please observe your skin reaction and in case of questions, please contact us: tel.+371 28010107 or e-mail info@labrains.eu.

NORMAL SKIN



FACIAL CLEANSING GEL WITH SAPROPELEL MUD

Every day - ☀️🌙
Hold on face 3 min, rinse.



SKIN PERFECTING PEELING MASK

2 x per week - 🌙
Hold on face 10-30 min, rinse.



MICELLAR WATER

Every day - ☀️🌙
No need to rinse.



RENOVATION SCULPTOR SERUM

Every day - 🌙
Wait 10-30 minutes and apply the cream.

NIGHT RESTORATION ARCHITECT NIGHT CREAM

Every day - 🌙



BB CREAM

Every day - ☀️

RENOVATION SCULPTOR CREAM

Every day - ☀️

SENSITIVE SKIN



OIL-TO-MILK FACIAL CLEANSER

Every day - ☀️🌙



SKIN PERFECTING PEELING MASK

2 x per week - 🌙
Hold on face 10-30 min, rinse.



MICELLAR WATER

Every day - ☀️🌙
No need to rinse.



RENOVATION SCULPTOR SERUM

Every day - ☀️🌙
Wait 10-30 minutes and apply the cream.



RENOVATION SCULPTOR CREAM

Every day - ☀️

ROSACEA & STRIKE BACK CREAM

Every day - 🌙



BB CREAM

Every day - ☀️

DRY SKIN



OIL-TO-MILK FACIAL CLEANSER

Every day - ☀️🌙
Follow with lukewarm water or Micellar water.



SKIN PERFECTING PEELING MASK

1 x per week - 🌙
Hold on face 10-30 min, rinse.



MICELLAR WATER

Every day - ☀️🚶🌙
No need to rinse.



RENOVATION SCULPTOR SERUM

Every day - ☀️🚶🌙
Wait 10-30 min and apply the cream.



NIGHT RESTORATION ARCHITECT NIGHT CREAM

Every day - ☀️🌙
Apply in the morning if UV index <4.



BB CREAM

Every day - ☀️

1. Oil - To - Milk facial cleanser
2. Nordic Mud facial cleanser
3. Micellar Water
4. Skin Perfecting facial peeling mask
5. Moisturising Shower Gel
6. Acne Intense Care serum
7. Rosacea & Acne Care cream
8. Rosacea Intense Care serum
9. Rosacea & Strike Back cream
10. Renovation Sculptor serum
11. Renovation Sculptor cream
12. Night Restoration Architect cream
13. BB Cream
14. Dermatitis cream

☀️ Morning 🚶 After sport 🌙 Night