

# FACE SKIN CARE STEPS ACCORDING TO SKIN NEEDS

These are recommended steps, please note that skin care depends on weather conditions, cycle, stress, etc. factors. Please observe your skin reaction and in case of questions, please contact us: tel.+371 28010107 or e-mail info@labrains.eu.

## ACNE

YOUNG SKIN,  
YOUNG PERSON



2.

### FACIAL CLEANSING GEL WITH SAPROPEL MUD

Every day - ☀️🏃🌙  
Hold on face 3 min, rinse.



4.

### SKIN-PERFECTING PEELING MASK

5 x per week - 🌙  
Hold on face 10-30 min, rinse.



6.

### ACNE INTENSE CARE SERUM

Every day - ☀️🌙



13.

### BB CREAM

Every day - ☀️

1. Oil - To - Milk facial cleanser
2. Nordic Mud facial cleanser
3. Micellar Water
4. Skin Perfecting facial peeling mask
5. Moisturising Shower Gel
6. Acne Intense Care serum
7. Rosacea & Acne Care cream
8. Rosacea Intense Care serum
9. Rosacea & Strike Back cream
10. Renovation Sculptor serum
11. Renovation Sculptor cream
12. Night Restoration Architect cream
13. BB Cream
14. Dermatitis cream

☀️ Morning 🏃 After sport 🌙 Night

## ACNE

MATURE SKIN



2.

### FACIAL CLEANSING GEL WITH SAPROPEL MUD

Every day - ☀️🏃🌙  
Hold on face 3 min, rinse.



4.

### SKIN-PERFECTING PEELING MASK

5 x per week - 🌙  
Hold on face 10-30 min, rinse.



3.

### MICELLAR WATER

Recommended before and after - 🏃  
No need to rinse.



6.

### ACNE INTENSE CARE SERUM

Every day - ☀️  
Wait 10-30 minutes and apply the cream.



10.

### RENOVATION SCULPTOR SERUM

Every day - 🌙  
Wait 10-30 minutes and apply the cream.



11.

### RENOVATION SCULPTOR CREAM

Every day - ☀️  
ROSACEA & ACNE CARE CREAM  
Every day - 🌙



7.



13.

### BB CREAM

Every day - ☀️

## ACNE

ACUTE STAGE



2.

### FACIAL CLEANSING GEL WITH SAPROPEL MUD

Every day - ☀️🏃🌙  
Hold on face 3 min, rinse.



4.

### SKIN-PERFECTING PEELING MASK

5 x per week - 🌙  
Hold on face 10-30 min, rinse.



3.

### MICELLAR WATER

Recommended before and after - 🏃  
No need to rinse.



6.

### ACNE INTENSE CARE SERUM

Every day - ☀️🌙  
Wait 10-30 minutes and apply the cream.



11.

### ROSACEA & ACNE CARE CREAM

Every day - 🌙



13.

### BB CREAM

Every day - ☀️