

# FACE SKIN CARE STEPS ACCORDING TO SKIN TYPE

These are recommended steps, please note that skin care depends on weather conditions, cycle, stress, etc. factors. Please observe your skin reaction and in case of questions, please contact us: tel.+371 28010107 or e-mail info@labrains.eu.

## NORMAL SKIN



### FACIAL CLEANSING GEL WITH SAPROPELEL MUD

Every day - ☀️🌙  
Hold on face 3 min, rinse.



### SKIN PERFECTING PEELING MASK

2 x per week - 🌙  
Hold on face 10-30 min, rinse.



### MICELLAR WATER

Every day - ☀️🌙  
No need to rinse.



### RENOVATION SCULPTOR SERUM

Every day - 🌙  
Wait 10-30 minutes and apply the cream.

**ABC DEEP NOURISHING CREAM**  
Every day - 🌙



### BB CREAM

Every day - ☀️

### RENOVATION SCULPTOR CREAM

Every day - ☀️

## SENSITIVE SKIN



### OIL-TO-MILK FACIAL CLEANSER

Every day - ☀️🌙



### SKIN PERFECTING PEELING MASK

2 x per week - 🌙  
Hold on face 10-30 min, rinse.



### MICELLAR WATER

Every day - ☀️🌙  
No need to rinse.



### RENOVATION SCULPTOR SERUM

Every day - ☀️🌙  
Wait 10-30 minutes and apply the cream.



### RENOVATION SCULPTOR CREAM

Every day - ☀️

### ROSACEA & STRIKE BACK CREAM

Every day - 🌙



### BB CREAM

Every day - ☀️

## DRY SKIN



### OIL-TO-MILK FACIAL CLEANSER

Every day - ☀️🌙  
Follow with lukewarm water or Micellar water.



### SKIN PERFECTING PEELING MASK

1 x per week - 🌙  
Hold on face 10-30 min, rinse.



### MICELLAR WATER

Every day - ☀️🚶🌙  
No need to rinse.



### RENOVATION SCULPTOR SERUM

Every day - ☀️🚶🌙  
Wait 10-30 min and apply the cream.



### ABC DEEP NOURISHING CREAM

Every day - ☀️

### NIGHT RESTORATION ARCHITECT NIGHT CREAM

Every day - 🌙



### BB CREAM

Every day - ☀️

1. Oil-To-Milk Facial Cleanser
2. Nordic Mud Facial Cleanser
3. Micellar Water
4. Skin Perfecting Facial Peeling Mask
5. Moisturising Shower Gel
6. Acne Intense Care Serum
7. Rosacea & Acne Care Serum
8. Rosacea Intense Care Serum
9. Rosacea & Strike Back Serum
10. Renovation Sculptor Serum
11. Renovation Sculptor Cream
12. Night Restoration Architect Cream
13. ABC Deep Nourishing Cream
14. BB Cream
15. Dermatreat Dermatitis Cream
16. Youngdali Daily Face Cream

☀️ Morning 🚶 After sport 🌙 Night